



Module 5 - Section 4 - Little girl

Objective: Create a cute little girl sugar model.

In completing each section the user will be able to:

- Create a double frilled dress
- Add simple floral decorations
- Paint on facial features
- Create the pigtail hairstyle
- Produce a cute, proportional model of a little girl

Assessment criteria:

1. Create a double frilled dress
2. Demonstrate knowledge of modelling paste properties
3. Demonstrate how to paint facial features
4. Demonstrate how to hide the joining of body parts
5. Produce a cute, proportional model of a little girl

You will Need:

TOOLS

- Sharp vegetable knife
- 6cm round cutter
- Small rolling pin
- 3x No 0 brushes
- No 6 Brush
- Dry blusher brush

Modelling tools

- Stitch tool
- Ball tool
- Cone tool
- Cell stick

INGREDIENTS

- 4" Round iced cake

Modelling paste

- 80g Skin tone
- 50g Pink
- 5g Black

Sugarpaste/fondant

- 30g Brown
- 10g White

Petal dust

- Black
- White
- Strawberry

Other

- Spaghetti
- Water

Method:

- Roll 46g of skin tone paste to form the legs
- Bend in the middle to have the legs fold back on themselves
- Position the legs on the cake, measure and cut off any excess (Paul used 7cm legs)
- Using 9g of pink paste, shape then add the shoes
- Shape 22g of skin tone paste to form the lower body, then position on top of the legs
- Cut two 6cm circles of pink paste
- Frill around the edges, then add to the lower body in a staggered formation
- Form the upper body from 16g of pink paste
- Add the upper to the lower body, adding stitch detail where appropriate
- Add bands of pink paste to form a belt shape, with added stitch detail
- Add a bow to the back of the belt
- Create the neck using skin tone paste
- Add a collar to hide the join where the neck and upper body meet
- Roll 7g of skin tone paste and shape to form the arms and hands
- Mould into shape, then cut to show the fingers and thumbs, then add to the model
- With 3g of pink paste, shape two shoulder pieces to cover the arm join
- Add decorative little flowers to the dress by rolling 3 small white balls, then inserting smaller pink balls
- Create the head shape from 25g of skin tone paste
- Position the eye and nose sockets using a ball tool
- Add two black balls for the eyes and a skin tone ball for the nose
- Create the smile with a knife cut, then open up with a modelling tool
- Paint on the eyelashes and eyebrows, mixing black dust and water
- Colour the inside of the mouth with strawberry dust paint
- Add blush to the cheeks and skin tones
- Add the head to the body
- Add the ears
- Create the hair pieces, then position on the head
- To finish, add cute little pigtails and pink baubles

Supporting Notes:

Sugar models make an excellent addition to any cake. In this lesson we will be making the little girl and as with any personal modelling make sure to manage the customer's expectations when taking the order. As mentioned in previous lessons, it is important to ensure the customer is aware that the model will be cartoon like, with some specific distinguishing features.

Little girls are quite easy to personalise through hair and the style of clothes worn. The main objective is that the customer, and little girl being depicted, see enough features to be recognisable. This is also why proportioning is always very important and be sure to focus on the positive highlightable features.

Start by rolling out the little girl's legs into a thick sausage shape using 46g of skin tone modelling paste (paste). Bend the sausage in the middle so that the legs fold back on themselves, then place on the cake in the position where the model will be sitting. Paul choses to position his model at the back of the cake. He places the fold of the legs where they will sit, then marks where the little girl's shoes will be, then cuts off the excess, leaving each leg 7cm long. To add the shoes, take approximately 9g of pink paste then roll into a ball, then into a sausage, then a cone shape. The shoes should be shaped by flattening the cone a little at the sides and making the toe a little more rounded. Position the shoes at the bottom of each leg and stick with sugar glue.

To make the lower body, take 22g of skin tone paste and shape it to a cone, then place it on top of the legs. From a rolled piece of pink paste cut out two 6cm round circles, then frill around the edge using the cell stick. Place the first on top of the lower body, then add the second piece to provide a staggered frill finish.

The upper body starts with a cone shape of approximately 16g of pink paste. Keep checking to ensure that proportions of the various pieces are in-keeping with the overall look. Shape into a cone, then mould the outer edges of the base to ensure that it fits neatly over the lower body piece. Add stitch detail around the bottom of the blouse then add a band of pink paste to go around the waist, again adding some stitch detail. You can at this stage add a little bow at the back for extra effect.

Create the little girl's neck by taking a small cut to the top of the upper body, to create a level surface. Using a small skin toned piece of paste, create the neck to fit on top of the upper body. The join can be hidden using a small trim of pink paste to create a collar, which is then placed around the join.

To make the arms, roll out 7g skin tone paste. Roll to a sausage, then thin out at the wrist areas to make the hands. Cut the piece in half, making sure both arms are the same size. Keep moulding into shape, then add the fingers and thumb, checking the length against the body then cut to fit, before adding to the model. Create two pink cones from 3g of pink paste, cut the ends to give a sharp edge to the base, then indent using the cone tool to fit the top of the shoulder. Add them to the model, which will hide where the arms joined to the body. Once in place, add some stitch detail to finish.

Add some little flowers to enhance the girlie look by rolling out 3 little balls of white sugarpaste/fondant, then add pink centres before positioning onto the little girl's dress. Secure the model in place with a piece of spaghetti. Note that the model is not yet positioned onto the cake.

Create an oval shape from 25g of skin tone paste to form the head. Paul needed to soften the paste, so added a little white vegetable fat (Crisco/Trex) and mixed it through. This will reduce the solidity of the setting structure a little, so be careful not to add too much. Mould the head into shape with a thicker lower jaw and more pointed head. Make sure to keep checking proportions by placing the head next to the body, every time you change the shape.

Once the head is shaped, position the eye sockets and nose, using the end of the ball tool. The little girl's eyes are positioned further up the head and wider apart than the previous models. Add the eyes with two black balls of paste and the nose with a skin tone ball of paste. Create the smile by starting with a fine cut with the knife, then open up with a modelling tool. Any rough edges can be smoothed off with a wet paintbrush.

Paint on the eyelashes and eyebrows by mixing a little black dust with water. Then mix some of the strawberry dust with a little water to paint the inside of the mouth. Using the white dust, paint little dots in the eyes, then finish by giving the cheeks some blush, using a dry brush with a little strawberry dust. It is advisable to add a little blush to enhance the skin tone on the legs and arms, which will mute the starkness.

Add the little girl's head to the body, by first inserting some spaghetti to make the hole, then place onto the body. Once in place, add some sugar glue to the head in preparation for adding the hair. But first, add the ears by cutting a small piece of flesh colour paste to fit and indent with the ball tool to show the inner ear. Roll out brown sugarpaste/fondant for the hair. Place a piece to show the fringe, then add lines to show the hair. Add a panel of hair to the back and continue to texture to give the hair effect, finishing with two cute little pigtails and pink baubles. Clear guidance is provided in the accompanying video.