



Module 5 - Section 6 - Mum

Objective: Create an elegant female sugar model.

In completing each section the user will be able to:

- Create elegant legs for the model
- Mould a slim figure with a bust
- Position arms with at least one bent elbow
- Create a discrete cleavage
- Create a spiral hair effect

Assessment criteria:

1. Create elegant legs for the model
2. Produce a slim figure with a bust
3. Correctly position the arm to form a bent elbow
4. Create a discrete, proportional cleavage
5. Create a spiral hair effect
6. Produce a neat, well proportioned model

You will Need:

TOOLS

- 3 x No 0 paint brush
- No 6 paint brush
- Small rolling pin
- Blusher brush
- Sharp knife
- Tweezers

Modelling tools

- Stitch tool
- Ball tool
- Shell tool
- Dresden tool
- Cone tool

INGREDIENTS

- 4" round iced cake

Modelling paste

- 90g light blue (tiffany)
- 80g skin tone
- 50g brown
- 10g black

- 5g blue
- 20g white

Petal dust

- Rose
- White

Luster dust

- Snowflake

Other

- Royal icing
- Bamboo stick
- Edible glue
- White vegetable fat (Trex or Crisco)

Method:

- Roll out 35g of skin tone paste into a sausage to form the legs
- Mould to ensure that the legs are neat, in proportion and moulded to define the muscle tone
- Add tiffany paste shoes with a strap for extra elegance
- Place the legs onto the cake, folding to again add to the elegance
- Roll out 44g of tiffany paste for the skirt
- Add a decorative white border and a light frill
- Position the skirt over the legs
- Shape 39g of paste to form the body, roll to give a thin waist
- Mould the body to show a bust
- Add a little flesh piece then mark the cleavage with a small scoring with the knife
- Add the body to the legs and secure to the cake with a bamboo skewer
- Roll 14g of paste to form the arms each at approximately 8cm
- Shape the hands, then add the fingers, thumbs and indent to depict the fingernails
- Place a crease on the right arm to show the bend for the elbow, then add both arms to the model
- Shape the head using approximately 20g of skin tone paste
- Add the eyes then add a little paint white spot to the black pupils
- Add the eyelashes, eyebrows, button nose, and a big smile
- Roll out approximately 32 tapered pieces between 5-8cm in length for the hair
- Add a hairband with a decorative flower to finish

Supporting Notes:

As we start to complete the family the display gets a little more congested. Each lesson has the model(s) displayed on a 4" round covered cake, with all the cakes close together to make a larger display. When putting a display together, it is very important to ensure that scale and proportion is maintained throughout, but sometimes it's easier to work away from the display.

In this lesson Paul removes the cake for Mum to sit on, but always checks back on sizing to maintain consistency. It is easy when working on a model off the cake or away from the final display, to lose the sense of proportion. It is also easy to get lost in the model being worked on, without giving too much consideration for the final overall display. Be careful not to fall into these traps.

As with most models, start with the legs. Roll out 35g of skin tone paste into a sausage tapered at both ends, which will form the thin, elegant, legs, each approximately 15cm. Ensure that the legs are neat, in proportion and moulded to define the muscle tone. Make little shoes by rolling tiffany paste to a cone shape, then position onto the ends of the legs. Shape to the desired design and finish with a small, elegant, strap. Position the legs onto the

cake, crossing at the knees and ensure the overall elegant look. Finish by cutting the top of the legs at an angle to ensure that the body will fit neatly on top.

Roll out approximately 44g of tiffany paste for the skirt. Add a decorative white border at the bottom of the dress, then frill with a cone tool to give some movement to the fabric of the skirt edge. Measure the skirt piece, then cut to fit before adding some stitch detail and texture effect lines. Add some glue to the legs then position and secure the skirt in place.

Take some tiffany paste for Mum's body and position next to the legs and skirt, to make sure that everything remains in proportion. Paul used 39g of paste, but no two models will be exactly the same so it is important that each piece is built based on what is in front of the cake decorator. Shape the paste into a cone. Mum has been looking after herself so we want to give her a slim waist. That is achieved by rolling the cone shape, with direct pressure where the waist will be. The paste will then start to form into a shaped body. Cut off the excess at the base then refine the shape to make the bust above the slim waist. Cut off at the top of the cone making it easier to add the neck, then pinch to open up at the base. As the shape has changed so much, it is worth checking back to make sure that the model pieces remain in proportion. Add the neck with a little teardrop shaped skin tone paste, then press in and mould to shape. Add a little cleavage by simply scoring the skin tone paste with the knife. Paul checks the weight of the piece, which is now at 25g. However, as mentioned before, no two models are exactly the same and the overall proportions are more important than sticking to exact weights. Make sure that the pieces fit together, then insert a bamboo skewer to the body piece, then insert into the cake, ensuring that the body and legs meet. Any excess paste can be trimmed to ensure a smooth, neat, finish. If any skin tone is showing, just massage and stretch the tiffany paste to cover over. Add stitch detail and a small floral brooch to finish.

To make the arms, roll a sausage from 14g of skin tone paste tapering towards the ends, then cut in half. Measure to ensure both pieces are equal length, then start to work the ends of the arms to form the hands. Measure the arms against the body, then cut to size (Paul's model's arms were 8cm). Finish by marking the fingers and thumbs, then mark little indents to illustrate the nails. Work out where the elbow will go on the right arm (always make sure the thumbs are towards the inside), then create a crease, before positioning on the model to give an elegant stance. The left arm can then be added, but it will be straight so there is no need to add the elbow crease.

Make the head using approximately 20g of skin tone paste, but always check proportions against the model. Shape the head in a slightly squashed oval shape. Add the eye indents around halfway down the head, then make them bigger and more pronounced using the ball tool. Roll out two white balls and position into the eye sockets, then add the blue, then the black pupils on top. To add a shimmer, paint on a white dot with snowflake dust, which gives an extra depth to the eyes.

Roll two thin black pieces for the eyelashes, which you can curl at the ends to give extra character. Then add two small, neat, eyebrows just above the eyes. Add the button nose with a small ball of skin tone paste and finish by creating the mouth using a sharp knife, which can be opened and smoothed using modelling tools. Using some rose colour, paint the inside of the mouth and finish with some rose blusher for the cheeks. Finish the facial features by rolling a teardrop shape for the ears and press and position into shape. The head can then be added to the model in preparation for the hair.

To make the hair roll out a sausage of brown paste and cut into approximately 32 random sized pieces to form hair. Roll each piece to a very thin end, with the thicker end to be stuck to the head. Each piece should be between 5cm-8cm in length. Twist the paste around a paintbrush handle to make a spiral hair effect, then leave to dry. Start placing the hair on to the head, starting at the back and bringing the hair forward. The finish will differ from model to model, but refer to the accompanying video to see how Paul's design comes together.

Create a hairband using the tiffany paste, add a design by pinching at regular intervals, using the tweezers. Finish by creating a small decoration for the hairband. Flatten a small ball of tiffany paste, place a small white ball on top, then push together with a smaller tiffany piece in the centre. This will make a lovely decoration to finish off the hairband.

Add the model to the cake then place the cake back into the display, sticking it down with some royal icing.