**Edible Moss Recipe**

**Ingredients**

1 Egg

13g (3tsp) Sugar

30g (2tbsp) Honey

25g (6tsp) Plain flour (All Purpose Flour)

1tsp Baking powder

Green & brown colour paste

**Materials**

Tall plastic cup

Microwave – 850 Watts

**Method**

* Whisk egg and sugar together in a bowl until frothy and paler in colour.
* Add honey and mix (whisk) until combined.
* Add green & brown colour paste to create moss colour.
* Sieve plain flour and baking powder into the liquid mixture. Use a spatula to mix, be careful not to over mix the mixture.
* Pour the mixture into a plastic cup.
* Microwave for 1 minute 30 seconds on 850 Watts.
* When baked a skewer will come out clean.
* Tear the moss into smaller pieces when you are ready to use it.